

**Composition:**

Capsules: Each NITROBIOTIC Capsule contains: Nitrofurantoin 100 mg (as Macrocrystal 25 mg and Monohydrate 75 mg).

Oral Suspension: Each 5 ml NITROBIOTIC Oral Suspension contains: Nitrofurantoin 25 mg.

Pharmacological Properties & Mechanism of Action:

Nitrofurantoin is a broad-spectrum antibiotic belonging to the nitrofurantoin family, which has activity against most urinary pathogens. Nitrofurantoin is returned by a wide range of enzymes including bacterial flavoproteins to reactive intermediates which affect to macromolecules such as DNA and proteins.

The wide range of organisms sensitive to bactericidal activity includes: *Escherichia coli*, *Enterococcus faecalis*, *Klebsiella* species, *Enterobacteriaceae* species, *Staphylococcus* species such as *Staphylococcus aureus*, *Staphylococcus epidermidis*, *Staphylococcus Saprophyticus*, *Citrobacter* Species.

Pharmacokinetics:

Orally administered Nitrofurantoin is readily absorbed and rapidly excreted in urine. Blood concentrations at therapeutic dosage are usually low. It is highly soluble in urine, to which it may impart a brown color. The Nitrofurantoin macrocrystals are specially formulated, the controlled crystal size is designed to control the speed of absorption and thus reduce the incidence of nausea. Maximum urinary excretion usually occurs 4-5 hours after administration of macrocrystalline Nitrofurantoin. It has an elimination half-life of about 30 minutes or less.

Indications:

- For the treatment of and prophylaxis against acute or recurrent, uncomplicated lower urinary tract infections or pyelitis either spontaneous or following surgical procedures.
- It is specifically indicated for the treatment of infections when due to susceptible strains of *Escherichia coli*, *Enterococci*, and *Staphylococci*, *Citrobacter*, *Klebsiella* and *Enterobacter*.

Contraindications:

- Hypersensitivity to the active substance, other nitrofurantoin or to any of the excipients.
- Patients suffering from renal dysfunction with an EGFR of less than 45 ml/minute.
- G6PD enzyme deficiency
- Acute porphyria.
- Pregnant patients during (38-42 weeks gestation), during labor and delivery, or when the onset of labor is imminent.
- Nitrofurantoin is contraindicated in neonates less than three months of age.

Warnings & Precautions:

- NITROBIOTIC should be used with caution in patients with:
 - Pulmonary disease, hepatic dysfunction, neurological disorders, and allergic.

- Anaemia, diabetes mellitus, electrolyte imbalance, weakness and vitamin B (particularly folic acid) deficiency.

- Acute, subacute and chronic pulmonary side effects have been observed in patients treated with nitrofurantoin. If these effects occur, nitrofurantoin should be discontinued immediately.

- Nitrofurantoin should be discontinued at any sign of haemolysis in those with suspected glucose 6-phosphate dehydrogenase deficiency.

- Urine may be coloured yellow or brown after taking Nitrofurantoin.

- Patients on Nitrofurantoin are susceptible to false positive urinary glucose.

Drug Interactions:

- Nitrofurantoin absorption increases in the presence of food or factors that delay gastric emptying.

- The absorption of nitrofurantoin is decreased in case of coadministration with magnesium trisilicate.

- The renal excretion of nitrofurantoin is decreased of coadministration with probenecid and sulfinpyrazone.

- The antibacterial effect of nitrofurantoin is decreased when used concomitantly with carbonic anhydrase inhibitors and urine alkalization drugs.

- Concomitant use with quinolones leads to the opposite of the antibacterial effect.

- Nitrofurantoin interferes with some urine glucose tests.

Pregnancy & Lactation:

Pregnancy: Pregnancy category B, the drug should be used at the lowest dose as appropriate for a specific indication, only after careful assessment. Nitrofurantoin is contraindicated in pregnant women during labour and delivery.

Lactation: Lactation an infant known or suspected to have an erythrocyte enzyme deficiency (including G6PD deficiency), must be temporarily avoided, since Nitrofurantoin is detected in trace amounts in breast milk.

Driving & Using Machines:

Nitrofurantoin may cause dizziness and drowsiness, the patient should not drive or operate machinery If using NITROBIOTIC.

Side Effects:

Observed side effects are digestive disorders and include nausea, loss of appetite, and less commonly vomiting, abdominal pain and diarrhea. Other very rare side effects include cholestatic jaundice, chronic hepatitis, peripheral neuropathy, aplastic anaemia, hypersensitivity reactions such as urticaria and other skin reactions.

Dosage & Administration:

NITROBIOTIC should be given with food to improve drug absorption and to improve drug tolerance in some patients.

- Treatment should be continued for 1 week or for at least 3 days after obtaining sterile urine.

Adults:

- One capsule (100 mg) two to four times a day, the lowest dose is recommended for uncomplicated urinary tract infections, for long-term prevention: 50-100 mg once a day.

- Prevention: One capsule (100 mg) twice daily throughout the prescribed period of treatment and continue for three days after the end of treatment.

Children:

- The use of NITROBIOTIC Oral Suspension should be considered in children.

- The pediatric dose is 5-7 mg/kg of body weight within 24 hours, divided into four doses (nitrofurantoin is contraindicated in neonates less than three months of age).

- Prevention: A dose of 1 mg/kg once daily may be sufficient.

- The following table is based on the average weight in each range, with a dose of 5 to 6 mg/kg body weight applied every 24 hours, in four divided doses.

Weight (kg)	Children Dose (ml) and Frequency
7 - 11 kg	2.5 ml four times in day
12 - 21 kg	5 ml four times in day
22 - 30 kg	7.5 ml four times in day
31 - 41 kg	10 ml four times in day
42 kg and above	same adult dose

Overdose:

Occasional episodes of acute nitrofurantoin overdose have not resulted in any specific symptoms other than vomiting. Induction of vomiting and gastric lavage are recommended. There is no specific antidote, but a large fluid intake must be maintained to promote urinary excretion of nitrofurantoin. It is also removable with hemodialysis.

Storage:

Keep out of reach of children.

Capsules: Store below 30 °C.

Oral Suspension: Store below 25 °C.

Packaging:

Capsules: Each NITROBIOTIC carton box contains 20 Capsules in two blister Strips.

Oral Suspension: Each NITROBIOTIC carton box contains amber glass bottle of 100 ml.

